CO-PRESIDENT’S MESSAGE
By Stacy Hensle

Summer is racing along and Fall is just around the corner! It was a pleasure to co-chair the 2023 Summer Sunshine Luncheon with Diane Angus. The Luncheon was held on Saturday, August 5, 2023 at the Lakeside Historical Society. We had a great turnout. The decorations were beautiful. Diane showed me how to make flowers from crepe paper and I was able to make a few with her great instruction. Diane and Lynette Doherty did most of the work. Great job!

The Lakeside Historical Society’s Museum Committee had vintage items displayed and for sale for all those in attendance. Silent auction items were a floral Lennox vase, four Lladro statues, and three baskets. Raffle tickets were also available for the quilt that we will be raffling off at our upcoming Heritage Day Luncheon in October. Several of our Lakeside Historical Society books and Anniversary ornaments were for sale as well.

Before our luncheon, we had a floral demonstration by Jessica Owens, an El Capitan High School graduate. She is now attending San Diego State and also works at the Yogurt Barn in Lakeside. She was in the Agriculture program (Floral Demonstration) at El Capitan. Jessica is quite the expert and has done floral arrangements for many weddings and other events. She provided a bouquet in a vase with a cute container. Then she went on to demonstrate a bigger container and how to put it together from start to finish. It turned out beautiful. These two items were then raffled off (attendees received a raffle ticket upon arrival). Terri Sue Wallace won the smaller container and Sharon Atkinson won the larger container. Congrats!

After the floral demonstration we had a delicious lunch with deli sandwiches, roll-ups and several salads provided by members of the Lakeside Historical Society. “Finishing Sweets” were provided by Yrene Ibarra, Lee Bost and Cathy Ditomasto. They were so yummy and delicious and there were many to choose from.

I want to thank all the volunteers who helped make this event possible, from setup, purchasing food and supplies, making flowers, organizing and pricing vintage items, making the baskets for the silent auction, preparing food, and after event clean-up. We could not have done it without your help. Thank you to the Lakeside Historical Society Museum Committee!

We’re looking forward to seeing everyone at our September general meeting.
CHICKEN POT-PIE DINNER: SPONSORS WANTED
By Gordon Shackelford

The Lakeside Historical Society’s Annual Chicken Pot-Pie Dinner is coming up on TUESDAY, September 26, 2023. We are again looking for members to help us out with this fundraiser. Janis and Gordon Shackelford will sponsor the desserts this year. The remaining items needing sponsorships are:

- 16 Chicken Pot-Pies $96
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- Mixed Vegetables $30
- Chicken Gravy (1 gallon) $27
- Chicken Gravy (1 gallon) $27
- Salad $40
- Mashed Potatoes $25
- Rolls $20

Would you please give us a hand and help us out in this fundraiser event? Please call Gordon Shackelford (619) 561-6323 to become an official Lakeside Historical Society Annual Chicken Pot-Pie Dinner Sponsor.

IS IT EL CAPITAN OR EL CAJON?
By Billy Ortiz (FB)

About 12 years ago, I took a picture off an Information Board at the Mission Trails Visitor Center before they remodeled (I believe they put up a new board with the same info). The photo was taken from Cowles Mountain. I don’t know how long county parks has used the name El Capitan but as you can see, they named highest peak El Cajon with the south ridge summit as El Capitan. This could explain the age-old argument about the actual name of the mountain. The El Cajon name has been around since the founding of El Cajon Valley — way back in the settlement days, when all of Santee and Lakeside were known as El Cajon, hence the name El Cajon Mountain. Also worthy of mention is the Indian reservation that was on the northeast side of the mountain — it was named El Capitan Grande, which leads me to believe that could also be a reason why the south ridge summit is called El Capitan. Then there is the fact that our “El Capitan” bears a slight resemblance to Yosemite’s El Cap. In all the years I have researched our area, I have never found actual documentation to explain why it is called El Cajon or El Capitan. Personally, I think it was El Cajon Mountain, but people in early San Diego would possibly say El Capitan because that was where the Capitan Grande Indian reservation was located, which may have been an easier way to explain it.

Joel Scalzitti (right) presents the 2023 Rick Smith Memorial Award to Pennie McMahon (left) at the Lakeside Chamber of Commerce annual event, held at Trevi Hills Winery on July 20, 2023. Pennie earned the well deserved honor for her work with LHS and the Maine Avenue Revitalization Association. (Photo by Barbie Bates)
SEPTEMBER
MILESTONES

BIRTHDAYS
1  Jean Stanzick
2  Linda Barnett
2  Richard Lantz
2  Judy Trussell
4  Andrew Kuhner
5  Janice McMillan
6  Marilyn Gander Jenkins
7  Debbie Steck
10  Gene Claussen
10  Ron Kasper
13  Karen Rae Melville
13  Patsy Shaeffer
16  Barbara Channell
17  Marilyn Head Groff
17  Shirley Wilson
18  Don Bright
18  Patsy Miller
19  Robert Harding, Jr.
21  Vikki Grieshaber
22  Adrienne Lostaunan
23  Meridith Bowman
23  Robert Reis
24  Bill Nelson
29  Terry Lee Callen
29  Robert “Bob” Mentze
30  Betty Corvey

ANNIVERSARIES
Anne Dreher & Keith Van Atta, 60
Paul & Janice McMillan, 59
Mary & Bernard Tewalt, 55
Danny & Cheryl Buckel, 45
Brenda & David Wood, 44
Carol Clemens & John Ben-Judah, 41
Fire & Ice, 40
George & Kathy Savage, 40
Michael & Sharon Atkinson, 39
Joseph & Deborah Horger, 32
Theodore & Bette Sherman, 23
Gary & Lynette Mitrovich, 11
Gary & Patty Armstrong, 6
Jack & Gloria Clemons Partington
Russell & Lynn Clemens

In Remembrance
Meave Sinclair Hall 1933—2023
Robert E. Webb 1925—2023

BETTY’S 2nd ANNUAL BOOGIE BOARD PARTY
By Coleen Owens
The Second Annual “Betty’s Boogie Board Party” is scheduled for Friday, September 1, 2023 at Mission Beach, just south of the roller coaster. Everyone is invited. Either meet us at the beach or we can carpool from LHS (meet up at LHS by 9:30 am and plan to leave by 9:45 – we want to arrive at the beach by 10:15). There’s a giant parking lot. Please bring your own food, drinks, boogie board, chair, shade, towel, beach blanket, and anything else you think you may need. No need to RSVP, just show up so we can sit on the beach together and talk about our awesome Betty McMillen and enjoy the sun, sand and camaraderie of like-minded friends and volunteers.

LUNCHEON THANKS
By Yrene Q. Woods
Many thanks to the following folks who contributed to the very successful and well received Summer Sunshine Lunch in August 2023:
Museum Committee: Diane Angus, Lee Bost, Barbara Hogue, Stacy Hensle, Pennie McMahon, Kate Lauren, Joan Tilley, Karen Stanford.
Volunteers: Paula Armstrong, Mikki Balicki, Patricia Barnes, Kathy Ditomasto, Coleen Owens, Lynette Doherty, Gary Mitrovich.
(And thanks to Museum Committee Chair Yrene Woods for her leadership and help as well! –Ed.)

HISTORICAL HAPPENINGS
The official publication of the Lakeside Historical Society (since 1980)
Gary E. Mitrovich, Editor/Head Writer
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Articles, stories, emails & photos welcome * Deadline: 2nd Friday of the month
CONTRIBUTORS TO THIS ISSUE:
Barbie Bates * Judy Cox * Richard Hensle * Stacy Hensle * Billy Ortiz
Coleen Owens * Gordon Shackelford * Yrene Woods
Pennie McMahon & The Newsletter Crew
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THE SUMMER OF OUR REPAIR: A brand new pergola has replaced the old rotting one in front of our Lakeside Museum (above). Additionally, the courtyard wrought iron has been repainted (below). Now comes the restoration of our two historic chimneys. It takes vigilance to maintain these 100+ year old buildings, but it’s part of the job we signed on to do. Thanks to Wright Painting Company (a Lakeside business) for the pergola repair and the painting work and to member John Swink for coordinating the effort.
Billy Ortiz has a way of finding new and unique views of our town. Here is a different perspective of “El Capitan Mountain,” beyond the classic tower of Our Lady of Perpetual Help. It’s such a great photograph that it needed a page all its own.